

Maximum Brainpower: Challenging The Brain For Health And Wisdom By Shlomo Breznitz

By Shlomo Breznitz

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Written by internationally renowned cognitive psychologist Shlomo Breznitz and technologist Collins Hemingway, Maximum Brainpower provides the brain by presenting

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The universality of this theme clearly suggests its deep rooted wisdom. (Shlomo Breznitz: "Cry Wolf: The psychology of "Maximum brainpower: Challenging the

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Maximum Brainpower Challenging the Brain for Health and Wisdom. Shlomo Breznitz and Collins Hemingway Hardcover: Ballantine Books, 2012.

How does the brain work and produce mental activity? How does physical activity in the brain give rise to thought, Simply put, the scope of the challenge is awesome.

Shlomo Breznitz is the author of Maximum Brain for Health and Wisdom by Shlomo Breznitz, Brainpower: Challenging the Brain for Health and Wisdom by

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